

12th Annual Bend of the River Competition

BASIC SKILLS Announcement and Application



Saturday - January 10, 2015

Awards for ALL participants

Hosted by

The Mankato Figure Skating Club

All Seasons Arena

1251 Monks Ave

Mankato, MN 56001

go to www.mankatofsc.com for directions to All Seasons Arena

Chief Referee: Jennifer Gillespie

Chief Accountant: Jay Michael

6.0 Judging system will be used for all events

Secure Online Registration and credit card payment will be available at

www.mankatofsc.com

Deadline for Entries

Online Entries Only: Entered by midnight DECEMBER 10, 2014

The committee and referee reserve the right to limit the number of entries - so enter early!

Sanctioned by:



Rules:

This competition will be conducted under the rules of U.S. Figure Skating as set forth in the 2014 Rule Book.

Eligibility:

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/club or any other Basic Skills Program/club.

Eligibility will be based on skill level as of DECEMBER 10, 2014. All Snowplow Sam and Basic Skills 1-8 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Freeskate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest Freeskate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Registration:

*The competition committee reserves the right to limit entries in any event or to cancel an event.

*Entry fees will only be refunded in accordance with the refund policy listed below.

*Late entries will be assessed a \$25.00 late fee

*Late entries acceptance will be at the discretion of the Chief Referee.

*Skaters will not be allowed to practice or compete until all financial obligations are met

*Changes to a skater's event registration done after the deadline will incur a \$25.00 fee

Secure Online Registration:

at: www.mankatofsc.com

*Deadline is midnight DECEMBER 10, 2014

*Entries received after DECEMBER 10, 2014 will be considered to be late

*Pay via a secured credit card transaction (Mastercard, Visa, Discover and American Express).

*Credit card charges will show up as: Mankato FSC.

*Persons contesting the charges on their credit card for their entry fees will be charged an additional \$30.00 fee

*A non-refundable processing fee applies

Entry Fees:

\$45.00 for the first event and \$20.00 for each additional event

Refunds

Full refunds including practice ice and minus the online processing fee of 3.5% are available if withdrawal is prior to DECEMBER 10, 2014. After DECEMBER 10, 2014 entry refunds are only available if the competition is not held or if there is a death in the competitor's immediate family. There will be NO medical refunds given. All refunds will be handled in the same manner as was paid. Check or cash payment will be refunded via club check. Credit card payments will be refunded to the card that was used to pay the fee. Please contact the MFSC Treasurer at mankatofsc@yahoo.com for further refund information. If you register online, the processing fee of 3.5% is NOT refundable for any reason.

Note to Coaches

All coaches must be U.S. Figure Skating registered coaches. Any coach who does not appear on the U.S. Figure Skating list will not receive competition credentials and will not be permitted rink-side during competition, practice ice or test session.

Special Note to Coaches, Skaters and Parents

- *It is the skaters' and coaches' responsibility to verify that the skater has entered the correct event and level. Event changes or additions to entries made after an application has been submitted may be assessed a \$25.00 charge/addition fee.
- *Check the MFSC website, www.mankatofsc.com for any possible changes or corrections to this application.
- *On paper registrations, the primary coach as well as a club officer must sign the application.
- *On online registrations, the primary coach as well as a club officer must electronically approve the registration.
- *This is to verify that your information is accurate and that you are in good standing with your club.

Practice Ice

- *Limited practice ice will be available. Skaters will be able to choose their own practice ice session(s) online at www.mankatofsc.org.
- *An email notification will be sent out to all skaters once practice ice is available online
- *Practice ice purchased ahead of time online will be \$10.00
- *Practice ice purchased online once practice ice is posted will be \$12.00
- *Practice ice purchased at the arena will be \$15.00
- *Practice ice sessions are 20 minutes and no music is played.

Awards, Pictures and Videotaping

ALL skaters will be given awards which will be presented off-ice after the official results are posted for each event. An official photographer, located near the awards area, will take group pictures of ALL participants as well as individual skater pictures. Pictures will be available to order online at www.spxsports.com. There will be no professional videotaping available.

Registration Desk

The registration desk will be open at All Seasons Arena during all scheduled practices and events. **Check in at least One Hour prior to your event.** Events can begin as early as 30 minutes ahead of schedule.

- *Results & Programs can be purchased at the registration table
- *Maps to local restaurants, hotels, malls and the hospital are available at the Registration desk
- *A self service first aid station is available at the registration desk
- *Lost and Found is at the registration desk
- *Competition apparel will be available to be picked up for those that pre-ordered

Music

Only CD's (standard format only) and must be marked clearly with the competitor's name and event. Music must be turned in at the registration desk when checking in for the competition. Music must be turned in at least one hour prior to competing. Music may be picked up at the registration desk after the completion of the event. Music will NOT be mailed to skaters after the competition. All skaters must have a back up copy of their music. All care will be taken but MFSC can assume no responsibility for CD's.

Hotel Information

Visit the MFSC website at www.mankatofsc.com for hotel information. MFSC has partnered with The Courtyard by Marriott and The Country Inn and Suites for reduced hotel rates.

Competition Apparel and Personal Ads

All competition apparel will have to be pre-ordered from our Entryeeze registration site.

All apparel will be ready for you to pick up at our registration desk during the competition.

Apparel information is available on our website at www.mankatofsc.com

Personal ads in the Bend of the River program are available for \$5.00

Personal ad information is also posted on the MFSC website.

There will be no t-shirt vender at the Bend of the River competition. T-shirts must be pre-ordered.

Other Information

*All Seasons Arena ice surface is 85 x 200

*Bleacher seating is available

*Admission to the Bend of the River Competition is free

*Locker rooms will be available for skaters to use

*The arena has a concession stand

*There is a first aid room located at the concession stand end of the arena - look for the signs

*There will be trained first aid staff on site during practice ice and all events

*There will be a coaches hospitality room



U.S. Figure Skating Basic Skills Competitions

EVENT: Basic Elements Event: SNOWPLOW SAM – BASIC 8

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Forward snowplow stop • Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Forward alternating $\frac{1}{2}$ swizzle pumps in a straight line, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Forward stroking • Forward $\frac{1}{2}$ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Backward one-foot glide, either foot • Two-foot spin - minimum three revolutions
Basic 4	1:00 max.	<ul style="list-style-type: none"> • Standstill forward outside three-turn, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Backward stroking, 4-6 strokes • Backward snowplow stop, right or left
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions • Side toe hop, either direction • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Standstill forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Lunge, right or left • T-stop, right or left
Basic 7	1:00 max.	<ul style="list-style-type: none"> • Standstill forward inside open Mohawk, right to left and left to right • Ballet jump, either direction • Backward crossovers to a back outside edge landing position, clockwise and counter clockwise • Forward inside pivot
Basic 8	1:00 max.	<ul style="list-style-type: none"> • Moving forward outside or forward inside three-turns, right and left • Waltz jump (from a standstill) • Mazurka, either direction • Combination move, clockwise <u>or</u> counter clockwise, two forward crossovers into forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a forward inside edge • Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum three revolutions



U.S. Figure Skating Basic Skills Competitions

EVENT: Basic Program Event: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:00 +/-10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 +/-10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Forward snowplow stop • Backward wiggles, 6-8 in a row
Basic 2	1:00 +/-10 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 +/-10 max.	<ul style="list-style-type: none"> • Forward stroking • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Backward one-foot glide, either foot • Two-foot spin - minimum three revolutions
Basic 4	1:00 +/-10 max.	<ul style="list-style-type: none"> • Standstill forward outside three-turn, right and left • Forward crossovers, 4-6 consecutive both directions • Backward stroking, 4-6 strokes • Backward snowplow stop, right or left
Basic 5	1:00 +/-10 max.	<ul style="list-style-type: none"> • Backward crossovers, 4-6 consecutive, both directions • Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions • Side toe hop, either direction • Hockey stop
Basic 6	1:00 +/-10 max.	<ul style="list-style-type: none"> • Standstill forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Lunge, right or left • T-stop, right or left
Basic 7	1:00 +/-10 max.	<ul style="list-style-type: none"> • Standstill forward inside open Mohawk, right to left and left to right • Ballet Jump, either direction • Back crossovers to a back outside edge landing position, clockwise and counter clockwise • Forward inside pivot
Basic 8	1:00 +/-10 max.	<ul style="list-style-type: none"> • Moving forward outside or forward inside three-turns, right and left • Waltz jump (from a standstill) • Mazurka, either direction • Combination move, clockwise or counter clockwise – two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge • Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum three revolutions



U.S. Figure Skating Basic Skills Competitions

EVENT: Free Skate 1-6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on $\frac{1}{2}$ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 or less.

Level	Time	Skating rules/standards
Free Skate 1	1:15 max.	<ul style="list-style-type: none">• Advanced forward stroking, 4-6 consecutive• Backward outside three-turns, right and left• One-foot upright scratch spin from backward crossovers - minimum three revolutions• Waltz jump from backward crossovers• Half flip jump
Free Skate 2	1:15 max.	<ul style="list-style-type: none">• Forward outside or inside spiral, right or left• Waltz three's, right or left, 2-3 sets• Beginning back spin, entry optional – minimum two revolutions• Waltz jump, side toe hop, Waltz jump sequence• Toe loop jump
Free Skate 3	1:15 max.	<ul style="list-style-type: none">• Forward crossovers in a figure 8• Backward inside three-turns, right and left• Back spin - minimum three revolutions• Salchow jump• Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	<ul style="list-style-type: none">• Forward power 3's, 2-3 consecutive sets, right or left• Sit spin - minimum three revolutions• Loop jump• Waltz jump/loop jump combination
Free Skate 5	1:15 max.	<ul style="list-style-type: none">• Camel spin - minimum three revolutions• Forward upright spin to back upright spin - minimum three revolutions each foot• Loop/loop jump combination• Flip jump
Free Skate 6	1:15 max.	<ul style="list-style-type: none">• Five step Mohawk sequence - one set alternating pattern (refer to Basic Skills Curriculum Free Skate 6)• Camel, sit spin combination - minimum of four revolutions total• Split jump or stag jump• Waltz jump, $\frac{1}{2}$ loop, Salchow jump sequence• Lutz jump



U.S. Figure Skating Basic Skills Competitions

EVENT: Free Skate 1-6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec.

Level	Time	Skating rules/standards
Free Skate 1	1:30+/-10 sec.	<ul style="list-style-type: none"> • Advanced forward stroking, 4-6 consecutive • One-foot upright scratch spin from backward crossovers - minimum three revolutions • Waltz jump from backward crossovers • Half flip jump
Free Skate 2	1:30+/-10 sec.	<ul style="list-style-type: none"> • Forward outside spiral, right or left • Beginning back spin, entry optional - minimum two revolutions • Waltz jump, side toe hop, Waltz jump sequence • Toe loop jump
Free Skate 3	1:30+/-10 sec.	<ul style="list-style-type: none"> • Forward crossovers in a figure 8 • Back spin - minimum three revolutions • Salchow jump • Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:30+/-10 sec.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Loop jump • Waltz jump-loop jump combination
Free Skate 5	1:30+/-10 sec.	<ul style="list-style-type: none"> • Camel spin - minimum three revolutions • Forward upright spin to back upright spin - minimum three revolutions each foot • Loop-loop jump combination • Flip jump
Free Skate 6	1:30+/-10 sec.	<ul style="list-style-type: none"> • Camel, sit spin combination - minimum of four revolutions total • Split jump or stag jump • Waltz jump, ½ loop, Salchow jump sequence • Lutz jump



TWIN CITY FIGURE SKATING ASSOCIATION BASIC SKILLS COMPETITION SERIES

TCFSA BASIC SKILLS SERIES MISSION STATEMENT: The purpose of the Basic Skills Series is to promote an introductory competitive experience for the beginning TCFSA member skater allowing them to develop the USFS basic skills in an enjoyable environment. The Twin city Figure Skating Association (TCFSA) Basic Skills competition Series is sponsored solely by TCFSA and is a United States Figure Skating approved Basic Skills Series. Competition announcements and entry forms will be posted on the official website of each participating competition. Basic Skills skaters are automatically registered and will have the opportunity to compete at 13 different local TCFSA member competitions to earn points for a final standing. Awards will be presented to the skaters with the highest point totals at the end of the series. Skaters competing in more than 5 competitions will use their 5 highest placements. Point accumulation information will be available at www.tcfsa.org in the basic skills section. A traveling team trophy will be awarded to the TCFSA member club that accumulates the most points during the series season.

THE POINT SYSTEM: Each skater must be a member in good standing of a TCFSA member club or Basic Skills program. Each basic skills freestyle event in each of the series competitions will be eligible for accumulating points. The system for scoring points for the final standing will be as follows:

PLACE	POINTS
1	5
2	4
3	3
4	2

All competitors who place 5th place or lower will be awarded one participation point. Per the USFS basic skills webpage, if there is only one skater in the group, he or she will be awarded three points. Also, should a skater move up a level during the competition series season, their points will follow them to the next level. They will also be rewarded 2 bonus points for moving up ONE time throughout the series season. Participant standings will be posted on the TCFSA website after each competition. Skaters will be notified of their standings via e-mail throughout the season.

A list of participating competitions can be found on the TCFSA website under the basic skills icon.

ELIGIBILITY AND RULES FOR PARTICIPANTS: The TCFSA basic skills series is open to ALL skaters who are current eligible members of either the Basic Skills Program or full members of U.S. Figure Skating through a TCFSA member club. Eligibility is based on the skill level as of the closing date of entries. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at their highest level passed and MAY NOT have passed any US figure skating tests including Moves in the Field or Dance tests. Male and females may, or may not, be placed in the same group. The competitions in the basic skills series will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program. Basic skills levels included in the TCFSA series are Snowplow Sam, Basic 1 through Basic 8 and Freeski 1 through Freeski 6. Elements for each level will be included in the individual announcement for each competition.

TENTATIVE SCHEDULE OF 2014-2015 PARTICIPATING COMPETITIONS:

Competition	Host Club	Website	Month of Competition
Fun in the Sun	FSC of Bloomington	www.fscbloomington.org	Jul-14
Robin Lee Competition	FSC of Minneapolis	www.fscmpls.org	Aug-14
Maplewood Fall Classic	Maplewood FSC	www.mfscskate.org	Sep-14
Rising Stars Basic Skills	Northern Blades FSC	www.northernblades.org	Oct-14
Autumn Skate Festival	Burnsville MN Valley FSC	www.bmvfsc.org	Nov-14
Bend of the River Competition	Mankato FSC	www.mankatofsc.org	Jan-15
Hiawathaland	Rochester FSC	www.rochesterfsc.org	Feb-15
Skate in the Park	Three Rivers FSC	www.threeriversfsc.org	Feb-15
Sunflower Classic	Lake Minnetonka FSC	www.lmfsc.org	Mar-15
Farmington Skate Festival	Heritage FSC	www.heritagefsc.org	Mar-15
Rosebud Basic Skills	Roseville FSC	www.rosevillefsc.org	May-15
June Bug Competition	St. Paul FSC	www.stpaulfsc.org	Jun-15
McCandless Competition	Braemar City of Lakes FSC	www.braemarfsc.org	Jun-15

